



2018-2019 Breakfast Menu - Avoca



Monday	Tuesday	Wednesday	Thursday	Friday
<p><u>Choose 1</u> Mini Pancakes Bagel Sandwich Cinnamon Roll</p>	<p><u>Choose 1</u> Breakfast On a Stick Bagel Sandwich Filled Crescent Roll</p>	<p><u>Choose 1</u> French Toast Sticks Bagel Sandwich Cinnamon Roll</p>	<p><u>Choose 1</u> Breakfast Pizza Bagel Sandwich Cinnabar</p>	<p><u>Choose 1</u> Breakfast Taco Bagel Sandwich Cinnamon Roll</p>
OR	OR	OR	OR	OR
<p><u>Choose 1 or 2</u> Assorted Cereal Goldfish Graham Cracker Smart Choice Muffin Top Breakfast Oatmeal Bar Oatmeal - Assort. Flavors Yogurt</p>	<p><u>Choose 1 or 2</u> Assorted Cereal Goldfish Graham Cracker Smart Choice Muffin Top Breakfast Oatmeal Bar Oatmeal - Assort. Flavors Yogurt</p>	<p><u>Choose 1 or 2</u> Assorted Cereal Goldfish Graham Cracker Smart Choice Muffin Top Breakfast Oatmeal Bar Oatmeal - Assort. Flavors Yogurt</p>	<p><u>Choose 1 or 2</u> Assorted Cereal Goldfish Graham Cracker Smart Choice Muffin Top Breakfast Oatmeal Bar Oatmeal - Assort. Flavors Yogurt Smoothie [counts as 1 fruit choice]</p>	<p><u>Choose 1 or 2</u> Assorted Cereal Goldfish Graham Cracker Smart Choice Muffin Top Breakfast Oatmeal Bar Oatmeal - Assort. Flavors Yogurt</p>
AND	AND	AND	AND	AND
<p><u>Choose 1 or 2; must take 1</u> Fresh or Cupped Fruit 100% Fruit Juice</p>	<p><u>Choose 1 or 2; must take 1</u> Fresh or Cupped Fruit 100% Fruit Juice</p>	<p><u>Choose 1 or 2; must take 1</u> Fresh or Cupped Fruit 100% Fruit Juice</p>	<p><u>Choose 1 or 2; must take 1</u> Fresh or Cupped Fruit 100% Fruit Juice</p>	<p><u>Choose 1 or 2; must take 1</u> Fresh or Cupped Fruit 100% Fruit Juice</p>
AND	AND	AND	AND	AND
1 Carton of Milk	1 Carton of Milk	1 Carton of Milk	1 Carton of Milk	1 Carton of Milk

IMPORTANT NOTE:
A complete breakfast must consist of a minimum of 3 items, and 1 item must be a serving of fruit or fruit juice.

BREAKFAST PRICES:
Student Meal - \$0.00



**Eat to Learn
Learn to Eat**
SCHOOL BREAKFAST PROGRAM