

# ELMIRA ELEMENTARY PRE K - 6<sup>TH</sup> 2017-2018 BREAKFAST MENU

**YOU MUST CHOOSE 1  
(EACH = 3 ITEMS)**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST BREAK	BREAKFAST BREAK	BREAKFAST BREAK	BREAKFAST BREAK	BREAKFAST BREAK
CEREAL BOWL	CEREAL BOWL	CEREAL BOWL	CEREAL BOWL	CEREAL BOWL
WHOLE GRAIN CRACKERS	WHOLE GRAIN CRACKERS	WHOLE GRAIN CRACKERS	WHOLE GRAIN CRACKERS	WHOLE GRAIN CRACKERS
100% FRUIT JUICE	100% FRUIT JUICE	100% FRUIT JUICE	100% FRUIT JUICE	100% FRUIT JUICE

**\*\*ALL BREAD ITEMS ARE 51% WHOLE GRAIN RICH\*\***

**AND**

**YOU *MAY* CHOOSE 1  
(EACH = 1 ITEM)**

FRESH OR CANNED FRUIT



<b>BREAKFAST PRICES</b>	
Student Meal:	\$0.00
Juice:	\$0.75
Milk:	\$0.75

**YOU MAY  
ALSO CHOOSE  
(EACH = 1 ITEM)**

1 ASSORTED LOW FAT MILK

**IMPORTANT NOTE:**  
A complete breakfast must consist of a minimum of 3 items, and 1 item must be a serving of fruit or fruit juice.