

TAE HIGH SCHOOL 2017-2018 BREAKFAST MENU

**YOU MAY CHOOSE 1
(EACH = 2 ITEMS)**

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|---|
| BREAKFAST WRAP | BREAKFAST ON A STICK | BREAKFAST SANDWICH | FRENCH TOAST STICKS | BREAKFAST PIZZA |
| CINNAMON ROLL | CINNAMON ROLL | CINNAMON ROLL | CINNAMON ROLL | CINNAMON ROLL |
| WHOLE BAGEL w/PB or Cream Cheese & Jelly or Margarine | WHOLE BAGEL w/PB or Cream Cheese & Jelly or Margarine | WHOLE BAGEL w/PB or Cream Cheese & Jelly or Margarine | WHOLE BAGEL w/PB or Cream Cheese & Jelly or Margarine | WHOLE BAGEL w/PB or Cream Cheese & Jelly or Margarine |

****ALL BREAD ITEMS ARE 51% WHOLE GRAIN RICH****

OR

**YOU MAY CHOOSE UP TO
2 DIFFERENT ITEMS
(EACH = 1 ITEM)**

- * GOLDFISH GRAHAM CRACKER
- * CEREAL BOWL
- * SMART CHOICE MUFFIN TOP
- * YOGURT
- * BREAKFAST SMOOTHIE - Also counts as 1 fruit

| BREAKFAST PRICES | |
|-------------------------|--------|
| Student Meal: | \$1.35 |
| Reduced Meal: | \$0.25 |
| Juice: | \$0.75 |
| Milk: | \$0.75 |

AND

**YOU *MUST* CHOOSE 1
YOU *MAY* CHOOSE 2
(EACH = 1 ITEM)**

**FRESH OR CANNED FRUIT
100% FRUIT JUICE
Only one choice can be a juice**



**YOU MAY
ALSO CHOOSE
(EACH = 1 ITEM)**

1 ASSORTED LOW FAT MILK

IMPORTANT NOTE:
A complete breakfast must consist of a minimum of 3 items, and 1 item must be a serving of fruit or fruit juice.