

# 2018-2019 Breakfast Menu - Horseheads Intermediate & Middle



Monday	Tuesday	Wednesday	Thursday	Friday
<p><b><u>Choose 1</u></b>                      Breakfast on a Stick                      Cinnamon Roll                      Filled Crescent Roll                      Whole Bagel                      [w/ PB or Cream Cheese &amp; Jelly or Margarine]</p>	<p><b><u>Choose 1</u></b>                      Breakfast Sandwich                      Cinnamon Roll                      Filled Crescent Roll                      Whole Bagel                      [w/ PB or Cream Cheese &amp; Jelly or Margarine]</p>	<p><b><u>Choose 1</u></b>                      Breakfast Pizza                      Cinnamon Roll                      Filled Crescent Roll                      Whole Bagel                      [w/ PB or Cream Cheese &amp; Jelly or Margarine]</p>	<p><b><u>Choose 1</u></b>                      Breakfast Sandwich                      Cinnamon Roll                      Filled Crescent Roll                      Whole Bagel                      [w/ PB or Cream Cheese &amp; Jelly or Margarine]</p>	<p><b><u>Choose 1</u></b>                      Mini Pancakes                      Cinnamon Roll                      Filled Crescent Roll                      Whole Bagel                      [w/ PB or Cream Cheese &amp; Jelly or Margarine]</p>
<b>OR</b>	<b>OR</b>	<b>OR</b>	<b>OR</b>	<b>OR</b>
<p><b><u>Choose 1 or 2</u></b>                      Assorted Cereal                      Goldfish Graham Cracker                      Oatmeal - Assort. Flavors                      Smart Choice Muffin Top                      Breakfast Oatmeal Bar                      Yogurt                      Smoothie -M, F                      [counts as 1 fruit choice]</p>	<p><b><u>Choose 1 or 2</u></b>                      Assorted Cereal                      Goldfish Graham Cracker                      Oatmeal - Assort. Flavors                      Smart Choice Muffin Top                      Breakfast Oatmeal Bar                      Yogurt                      Smoothie -M, F                      [counts as 1 fruit choice]</p>	<p><b><u>Choose 1 or 2</u></b>                      Assorted Cereal                      Goldfish Graham Cracker                      Oatmeal - Assort. Flavors                      Smart Choice Muffin Top                      Breakfast Oatmeal Bar                      Yogurt                      Smoothie -M, F                      [counts as 1 fruit choice]</p>	<p><b><u>Choose 1 or 2</u></b>                      Assorted Cereal                      Goldfish Graham Cracker                      Oatmeal - Assort. Flavors                      Smart Choice Muffin Top                      Breakfast Oatmeal Bar                      Yogurt                      Smoothie -M, F                      [counts as 1 fruit choice]</p>	<p><b><u>Choose 1 or 2</u></b>                      Assorted Cereal                      Goldfish Graham Cracker                      Oatmeal - Assort. Flavors                      Smart Choice Muffin Top                      Breakfast Oatmeal Bar                      Yogurt                      Smoothie -M, F                      [counts as 1 fruit choice]</p>
<b>AND</b>	<b>AND</b>	<b>AND</b>	<b>AND</b>	<b>AND</b>
<p><b><u>Choose 1 or 2; must take 1</u></b>                      Fresh or Cupped Fruit                      100% Fruit Juice</p>	<p><b><u>Choose 1 or 2; must take 1</u></b>                      Fresh or Cupped Fruit                      100% Fruit Juice</p>	<p><b><u>Choose 1 or 2; must take 1</u></b>                      Fresh or Cupped Fruit                      100% Fruit Juice</p>	<p><b><u>Choose 1 or 2; must take 1</u></b>                      Fresh or Cupped Fruit                      100% Fruit Juice</p>	<p><b><u>Choose 1 or 2; must take 1</u></b>                      Fresh or Cupped Fruit                      100% Fruit Juice</p>
<b>AND</b>	<b>AND</b>	<b>AND</b>	<b>AND</b>	<b>AND</b>
1 Carton of Milk	1 Carton of Milk	1 Carton of Milk	1 Carton of Milk	1 Carton of Milk

**IMPORTANT NOTE:**  
 A complete breakfast must consist of a minimum of 3 items, and 1 item must be a serving of fruit or fruit juice.

**BREAKFAST PRICES:**  
 Student Meal - \$1.25  
 Reduced Meal - \$0.25



**Eat to Learn  
 Learn to Eat**  
 SCHOOL BREAKFAST PROGRAM