



2018-2019 Breakfast Menu - Watkins Glen PK-6th



Monday	Tuesday	Wednesday	Thursday	Friday
<p><u>Choose 1</u> *Filled Crescent Roll *Cinnamon Roll Whole Bagel [w/ PB or Cream Cheese & Jelly or Margarine]</p>	<p><u>Choose 1</u> French Toast Sticks *Cinnabar Whole Bagel [w/ PB or Cream Cheese & Jelly or Margarine]</p>	<p><u>Choose 1</u> Breakfast on a Stick *Cinnamon Roll Whole Bagel [w/ PB or Cream Cheese & Jelly or Margarine]</p>	<p><u>Choose 1</u> Mini Pancakes *Cinnabar Whole Bagel [w/ PB or Cream Cheese & Jelly or Margarine]</p>	<p><u>Choose 1</u> Breakfast Sandwich *Cinnamon Roll Whole Bagel [w/ PB or Cream Cheese & Jelly or Margarine]</p>
OR	OR	OR	OR	OR
<p><u>Choose 1 or 2</u> Assorted Cereal Goldfish Graham Cracker Oatmeal - Asst. Flavors Smart Choice Muffin Top *Breakfast Oatmeal Bar Yogurt</p>	<p><u>Choose 1 or 2</u> Assorted Cereal Goldfish Graham Cracker Oatmeal - Asst. Flavors Smart Choice Muffin Top *Breakfast Oatmeal Bar Yogurt</p>	<p><u>Choose 1 or 2</u> Assorted Cereal Goldfish Graham Cracker Oatmeal - Asst. Flavors Smart Choice Muffin Top *Breakfast Oatmeal Bar Yogurt</p>	<p><u>Choose 1 or 2</u> Assorted Cereal Goldfish Graham Cracker Oatmeal - Asst. Flavors Smart Choice Muffin Top *Breakfast Oatmeal Bar Yogurt</p>	<p><u>Choose 1 or 2</u> Assorted Cereal Goldfish Graham Cracker Oatmeal - Asst. Flavors Smart Choice Muffin Top *Breakfast Oatmeal Bar Yogurt</p>
AND	AND	AND	AND	AND
<p><u>Choose 1 or 2; must take 1</u> Fresh or Cupped Fruit 100% Fruit Juice</p>	<p><u>Choose 1 or 2; must take 1</u> Fresh or Cupped Fruit 100% Fruit Juice</p>	<p><u>Choose 1 or 2; must take 1</u> Fresh or Cupped Fruit 100% Fruit Juice</p>	<p><u>Choose 1 or 2; must take 1</u> Fresh or Cupped Fruit 100% Fruit Juice</p>	<p><u>Choose 1 or 2; must take 1</u> Fresh or Cupped Fruit 100% Fruit Juice</p>
AND	AND	AND	AND	AND
1 Carton of Milk	1 Carton of Milk	1 Carton of Milk	1 Carton of Milk	1 Carton of Milk

IMPORTANT NOTE:
 A complete breakfast must consist of a minimum of 3 items, and 1 item must be a serving of fruit or fruit juice.
 If an item has an * next to it = PK & Headstart can't have

BREAKFAST PRICES:
 Student Meal - \$1.20
 Reduced Meal - \$0.25



**Eat to Learn
 Learn to Eat**
 SCHOOL BREAKFAST PROGRAM