

# Jan 2019

## SEASONAL HARVEST: OVEN ROASTED NY CARROTS

## CAMPBELL-SAVONA MIDDLE & HIGH SCHOOL

### Available Daily

- PBJ Sandwich
- Chef Salad w/Soft Pretzel
- Vegetarian Chef Salad w/Soft Pretzel**
- Cheese Stick & Yogurt w/Soft Pretzel
- Baked Crispy Chicken Sandwich
- Homestyle Chicken Tenders w/Bread
- Asst Pizza
- Asst Sandwiches
- Asst Subs
- Asst Wraps
- Tossed Salad**
- Fresh Vegetables**
- Fresh Fruit**
- Fruit Cups
- 100% Fruit Juice
- Chilled Milk

Pricing	
Grades 7th-12th	\$2.05
Reduced	\$0.25
Breakfast	\$0.00
Milk/Ala Carte Side	\$0.70
Snacks	\$0.50-\$1.30

### BREAKFAST MENU

- Monday:** Whole Grain Waffles
- Tuesday:** French Toast Sticks
- Wednesday:** Breakfast Pizza
- Thursday:** French Toast Sticks
- Friday:** Whole Grain Waffles
- Daily Items:** Cinnamon Roll, Breakfast Sandwich, Goldfish Graham, Cereal Bowl, Muffins, Breakfast Bar, Yogurt, Breakfast Smoothies (Tues/Thurs), Fruit, Fruit Juice & Assorted Milk

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Contact the FS Office If you have any questions, comments or concerns. We can be reached at (607) 527-9832 or <a href="mailto:pdrumm@gstbooces.org">Email: pdrumm@gstbooces.org</a> or <a href="mailto:jmitchell@gstbooces.org">jmitchell@gstboeces.org</a></p>	<p><b>HAPPY NEW YEAR</b></p> 	<p><b>WINTER BREAK</b> No School Through January 4th</p>	<p><b>FEATURING NY CARROTS FROM HALLET FARMS!</b></p>	
<p><b>7 BREAKFAST 4 LUNCH!</b> French Toast Sticks w/Sausage Chicken Philly Sub Sliced Carrots Tater Tots</p>	<p><b>8 TEX-MEX DAY!</b> Meat or Bean Taco w/Rice Cottage Cheese w/Bread Choice Golden Sweet Corn Refried Beans</p>	<p><b>9</b> Homemade Macaroni &amp; Cheese w/Bread Chicken Ranch Wrap Green Beans <b>Fresh Baby Carrots</b> <b>Fruity Jello w/Whipped Topping</b></p>	<p><b>10 ASIAN RICE BOWL!</b> Chicken Teriyaki w/Rice Southwest Taco Salad w/Rice Steamed Broccoli</p>	<p><b>11</b> Authentic North Carolina Pulled Pork Sandwich Crispy Fish Filet Sandwich Sliced Carrots</p>
<p><b>14</b> Homestyle Chicken Bowl w/Bread Italian Meatball Sub Sliced Carrots Oven Fries</p>	<p><b>15 BURRITO BAR!</b> <b>Made to Order Burrito or Rice Bowl!</b> Golden Sweet Corn Refried Beans</p> 	<p><b>16</b> Toasted Cheese Sandwich Buffalo Ranch Melt Hot Tomato Soup <b>Homemade Fruit Crisp</b></p>	<p><b>17</b> Chicken Alfredo w/Bread Cheeseburger on a Roll Steamed Broccoli <b>Fresh Cucumber Slices</b></p>	<p><b>18</b> Pizza Dunkers w/Marinara Sauce Breakfast Sandwich <b>Oven Roasted NY Carrots</b></p> 
<p><b>21</b></p> <p><b>Martin Luther King Day</b></p> 	<p><b>22 TEX-MEX DAY!</b> Meat or Bean Nacho Grande w/Rice Cottage Cheese w/Bread Choice Golden Sweet Corn Refried Beans</p>	<p><b>23</b> Pasta w/Meatsauce &amp; Cheese Pasta w/Marinara Sauce &amp; Cheese Chicken Ranch Wrap Green Beans <b>Fresh Pepper Strips</b> <b>Cinnamon Applesauce Jello</b></p>	<p><b>24 ASIAN RICE BOWL!</b> Sesame Chicken w/Rice Hot Dog on a Roll Steamed Broccoli</p>	<p><b>25</b> Toasted Ham &amp; Cheese Sandwich Crispy Fish Filet Sandwich Sliced Carrots Tomato Soup</p>
<p><b>28</b></p> <p><b>CONFERENCE DAY NO SCHOOL</b></p>	<p><b>29</b> Stuffed Crust Cheese Pizza Authentic North Carolina Pulled Pork Sandwich Sliced Carrots Oven Fries</p>	<p><b>30</b> Baked Mozzarella Sticks w/Pasta &amp; Marinara Sauce Buffalo Ranch Wrap Green Beans <b>Fresh Cucumber Slices</b></p>	<p><b>31</b> Hot Turkey &amp; Gravy w/Bread Cheeseburger on a Roll Steamed Broccoli Mashed Potatoes w/Gravy <b>Homemade Fruit Crisp</b></p>	<p><b>THIS DISTRICT IS AN EQUAL OPPORTUNITY EMPLOYER &amp; PROVIDER</b></p>