

OCTOBER 2018

SEASONAL HARVEST: Local NY Apples & Cider

CAMPBELL-SAVONA MIDDLE & HIGH SCHOOL


Available Daily

PBJ Sandwich
 Chef Salad w/Soft Pretzel
Vegetarian Chef Salad w/Soft Pretzel
 Cheese Stick & Yogurt w/Soft Pretzel
 Baked Crispy Chicken Sandwich
 Homestyle Chicken Tenders w/Bread
 Asst Pizza
 Asst Sandwiches
 Asst Subs
 Asst Wraps
Tossed Salad
Fresh Vegetables
Fresh Fruit
 Fruit Cups
 100% Fruit Juice
 Chilled Milk

Pricing
 Grades 7th-12th \$2.05
 Reduced \$0.25
 Breakfast \$0.00
 Milk/Ala Carte Side \$0.70
 Snacks \$0.50-\$1.30

BREAKFAST MENU

Monday: Whole Grain Waffles
Tuesday: French Toast Sticks
Wednesday: Breakfast Pizza
Thursday: French Toast Sticks
Friday: Whole Grain Waffles
Daily Items: Cinnamon Roll, Breakfast Sandwich, Goldfish Graham, Cereal Bowl, Muffins, Breakfast Bar, Yogurt, Breakfast Smoothies (Tues/Thurs), Fruit, Fruit Juice & Assorted Milk

Monday	Tuesday	Wednesday	Thursday	Friday
1 BREAKFAST 4 LUNCH! French Toast Sticks w/Sausage Chicken Philly Sub Sliced Carrots Tater Tots	2 TEX-MEX DAY! Meat or Bean Walking Taco w/Rice Cottage Cheese w/Bread Choice Golden Sweet Corn Refried Beans 	3 Homemade Macaroni & Cheese w/Bread Cheeseburger on a Roll Green Beans Fresh Baby Carrots Fruity Jello	4 ASIAN RICE BOWL! Chicken Teriyaki w/Rice Southwest Taco Salad w/Rice Steamed Broccoli 	5 PIZZA CHOICE DAY! Buffalo Wing Pizza Pepperoni Pizza Crispy Fish Filet Sandwich Sliced Carrots
Serving Apples daily from Wager's Cider Mill!				
8 	9 Authentic North Carolina Pulled Pork Sandwich Cheeseburger on a Roll Sliced Carrots Oven Fries	10 Toasted Cheese Sandwich Tuna Salad Sandwich Hot Tomato Soup Green Beans Homemade Fruit Crisp	11 Chicken Alfredo w/Bread Yogurt & Cheese Stick w/Bread Choice Steamed Broccoli Fresh Cucumber Slices Wager's Apple Cider	12 Pizza Dunkers w/Marinara Sauce Breakfast Sandwich Sliced Carrots
15 BREAKFAST 4 LUNCH! French Toast Sticks w/Sausage BBQ Pork Rib on a Roll Sliced Carrots Tater Tots	16 TEX-MEX DAY! Meat or Bean Nacho Grande w/Rice Cottage Cheese w/Bread Choice Sliced Carrots Golden Sweet Corn Refried Beans	17 Pasta w/Meatsauce & Cheese Pasta w/Marinara Sauce & Cheese Chicken Ranch Wrap Green Beans Fresh Pepper Strips Cinnamon Applesauce Jello	18 ASIAN RICE BOWL! Sesame Chicken w/Rice Hot Dog on a Roll Steamed Broccoli	19 HALF DAY GRAB-N-GO LUNCH Baked Crispy Chicken Sandwich Assorted Pizza PBJ Sandwich Sides: Fresh Vegetables, Fruit, Juice & Milk
National School Lunch Week is October 15th-19th! Come check out what your cafeteria has to offer!				
22 Stuffed Crust Cheese Pizza Authentic North Carolina Pulled Pork Sandwich Sliced Carrots Oven Fries	23 TEX-MEX DAY! Meat or Bean Taco w/Rice Golden Sweet Corn Refried Beans	24 Baked Mozzarella Sticks w/Pasta & Marinara Sauce Buffalo Ranch Wrap Green Beans Fresh Cucumber Slices	25 Hot Turkey & Gravy w/Bread Yogurt w/Bread Choice Steamed Broccoli Mashed Potatoes w/Gravy Homemade Fruit Crisp	26 Pizza Dunkers w/Marinara Sauce Toasted Cheese Sandwich Sliced Carrots Hot Tomato Soup Wager's Apple Cider
29 BREAKFAST 4 LUNCH! French Toast Sticks w/Sausage Chicken Philly Sub Sliced Carrots Tater Tots	30 TEX-MEX DAY! Meat or Bean Walking Taco w/Rice Cottage Cheese w/Bread Choice Golden Sweet Corn Refried Beans	31 Homemade Macaroni & Cheese w/Bread Cheeseburger on a Roll Green Beans Fresh Baby Carrots Fruity Jello	FREE & REDUCED APPLICATION REMINDER: Submit your new application for the 2018-2019 school year to guarantee your child will continue to receive appropriate benefits. Those students with no application on file will be CHANGED TO PAID STATUS IN OCTOBER.	