



2018



ELMIRA HIGH SCHOOL GRADES 10th-12th




- Available Daily**
- Baked Crispy Chicken Sandwich
 - Asst. Pizza
 - Asst. Deli Sandwiches
 - Asst. Deli Subs
 - PBJ Sandwich
 - Yogurt w/Bagel
 - Chef Salad w/Bagel**
 - Vegetarian Chef Salad w/Bagel**
 - Tossed Salad**
 - Fresh Vegetables**
 - *Fresh Baby Carrots***
 - Fresh Fruit**
 - Fruit Cups
 - 100% Fruit Juice
 - Chilled Low Fat Milk

- PRICING**
- Breakfast and Lunch \$0.00
 - PK-12th: 2nd B-fast Entree \$1.35
 - PK-7th: 2nd Lunch Entree \$1.30
 - 8th-12th: 2nd Lunch Entree \$1.70
 - Milk/Ala Carte Side \$0.75
 - Snacks \$.50-\$1.30
- Every student gets 1 breakfast & 1 lunch at no charge per school day. Each breakfast & lunch must be a COMPLETE MEAL, or student will be charged ala carte for each item on their tray.**

POWER UP WITH SCHOOL BREAKFAST!!

Check out the Breakfast Menu on the district website or contact the food service office to have one sent home w/ your student.

THIS DISTRICT IS AN EQUAL OPPORTUNITY EMPLOYER & PROVIDER

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Chicken Soft Taco w/Seasoned Rice Chicken Caesar Salad w/Bagel Refried Beans	2 Pasta w/Meatballs Pasta w/Marinara Sauce & Cheese Italian Meatball Sub Steamed Broccoli Florets Homemade Fruit Crisp	3 Pizza Dunkers w/Marinara Sauce Chicken Fajita Salad Sweet Potato Fries	4 Sloppy Joe on a Roll Toasted Cheese Sandwich Hot Tomato Soup 
7 BREAKFAST 4 LUNCH! French Toast Sticks w/Sausage Buffalo Wrap Golden Sweet Corn	8 Meat or Bean Taco w/Mexican Rice Chicken BLT Salad w/Bagel Refried Beans	9 Chicken Teriyaki w/Rice Homestyle Crispy Chicken Tenders w/Rice Steamed Broccoli Florets Cinnamon Applesauce Jello	10 Bacon Cheeseburger on a Roll Grilled Chicken Sandwich Carrot Coins	11 Homemade Macaroni & Cheese w/Bread Italian Meatball Sub Green Beans
14 Authentic North Carolina Pulled Pork Sandwich Turkey Club Sub Oven Fries	15 Meat or Bean Nacho Grande w/Seasoned Rice Chicken Caesar Salad w/Bagel Refried Beans	16 Chicken Alfredo w/Bread Steamed Broccoli Florets	17 Pizza Dunkers w/Marinara Sauce Southwest Taco Salad Sweet Potato Fries	18 Baked Mozzarella Sticks w/Pasta & Marinara Sauce Chicken Ranch Wrap Green Beans
21 Herb Roasted Chicken w/Dinner Rolls Beef & Cheddar on a Roll Golden Sweet Corn	22 Meat or Bean Walking Taco w/Mexican Rice Chicken BLT Salad w/Bagel Refried Beans	23 Chicken & Orange Sauce w/Rice Sausage Breakfast Sandwich Steamed Broccoli Florets	24 Turkey & Gravy w/Bread Mashed Potatoes w/Gravy	25 NO SCHOOL
28 NO SCHOOL 	29 Homestyle Crispy Chicken Tenders w/Dinner Roll Chicken Caesar Salad w/Bagel Baked Beans	30 Warm Buffalo Sub Texas Hot Dog on a Roll Steamed Broccoli Florets Homemade Fruit Crisp	31 Pizza Dunkers w/Marinara Sauce Southwest Taco Salad Sweet Potato Fries	Contact the FS Office if you have any questions, comments or concerns. We can be reached by phone or email. kcrouse@gstboces.org 735-3236