

# April 2018 WILDWOOD CAMPUS




**AVAILABLE DAILY**  
**PBJ Sandwich**  
**Baked Crispy Chicken Sandwich**  
**Cheeseburger on a Roll**  
**Assorted Subs**  
**M/W/F: Chicken Caesar Salad w/ Bread Choice**  
**Tues & Thurs: Chicken BLT Salad w/Bread Choice**  
**Tossed Salad**  
**Fresh Vegetables**  
**Fresh Fruit**  
**Fruit Cups**  
**100% Fruit Juice**  
**Chilled Milk**  
**Bread Choice = Breadstick or Soft Pretzel**

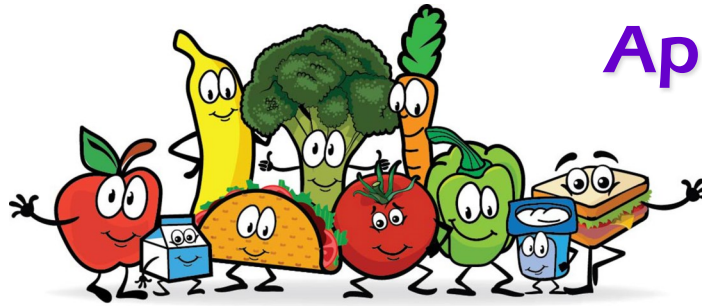
**PRICING**  
 Breakfast and Lunch \$0.00  
 Milk/Juice/Ala Carte Side \$0.75  
 Snacks \$0.50-\$1.30  
 PK-12th: 2nd B-fast Entree \$1.00  
 PK-6th: 2nd Lunch Entree \$1.40  
 7th-12th: 2nd Lunch Entree \$1.60

**NOTE: Every student gets 1 breakfast & 1 lunch at no charge per school day. Each breakfast & lunch must be a COMPLETE REIMBURSABLE MEAL or students will be charged ala carte for each item on their tray.**

**PARENTS & STUDENTS**  
 Visit the Foodservice/Cafeteria link on your district website to view menus & much more!!

**THIS DISTRICT IS AN EQUAL OPPORTUNITY EMPLOYER & PROVIDER**

Monday	Tuesday	Wednesday	Thursday	Friday	
2 Italian Meatball Sub Buffalo Wing Pizza Pepperoni Pizza Cheese Pizza Carrot Coins	3 <b>TEX-MEX DAY!</b> Meat Taco w/Rice Garlic Pizza Pepperoni Pizza Cheese Pizza Golden Sweet Corn Baked Beans <b>Fresh Cucumber Slices</b>	4 BBQ Pork Rib on a Roll Buffalo Wing Pizza Pepperoni Pizza Cheese Pizza <b>Fresh Baby Carrots</b> Oven Fries <b>Cinnamon Applesauce Jello</b>	5 Buffalo Chicken Strip Sub Garlic Pizza Pepperoni Pizza Cheese Pizza Steamed Broccoli Florets	6 Homemade Macaroni & Cheese w/Bread Buffalo Wing Pizza Pepperoni Pizza Cheese Pizza Green Beans	
9 <b>NEW ENTREE: Homestyle Crispy Chicken Tenders w/Rice</b> Buffalo Wing Pizza Pepperoni Pizza Cheese Pizza Carrot Coins	10 <b>TEX-MEX DAY!</b> Chicken Soft Taco w/Rice Garlic Pizza Pepperoni Pizza Cheese Pizza Golden Sweet Corn Baked Beans <b>Fresh Cucumber Slices</b>	11 <b>BREAKFAST 4 LUNCH!</b> Breakfast Sandwich Buffalo Wing Pizza Pepperoni Pizza Cheese Pizza <b>Fresh Baby Carrots</b> Tater Tots <b>Homemade Fruit Crisp</b>	12 Chicken Alfredo w/Bread Garlic Pizza Pepperoni Pizza Cheese Pizza Steamed Broccoli Florets	13 Baked Mozzarella Sticks w/Pasta & Marinara Sauce Buffalo Wing Pizza Pepperoni Pizza Cheese Pizza Green Beans	
16 Authentic North Carolina Pulled Pork Sandwich Buffalo Wing Pizza Pepperoni Pizza Cheese Pizza <b>Fresh Baby Carrots</b> Oven Fries	17 <b>TEX-MEX DAY!</b> Meat Nacho Grande w/Rice Garlic Pizza Pepperoni Pizza Cheese Pizza Golden Sweet Corn Baked Beans <b>Fresh Cucumber Slices</b>	18 <b>SOUP &amp; SANDWICH DAY!</b> Toasted Cheese Sandwich Buffalo Wing Pizza Pepperoni Pizza Cheese Pizza Carrot Coins Hot Tomato Soup <b>Cinnamon Applesauce Jello</b>	19 BBQ Roasted Chicken w/Bread Choice Garlic Pizza Pepperoni Pizza Cheese Pizza Steamed Broccoli Florets	20 <b>BREAKFAST 4 LUNCH!</b> French Toast Sticks & Sausage Buffalo Wing Pizza Pepperoni Pizza Cheese Pizza Green Beans Tater Tots	
23 	<div style="border: 1px solid black; padding: 10px; margin: 0 auto; width: 80%;"> <h2 style="margin: 0;">SPRING BREAK</h2> <h3 style="margin: 0;">APRIL 23rd - APRIL 27th</h3> </div>			26 	27
30 Popcorn Chicken Bites w/Bread Buffalo Wing Pizza Pepperoni Pizza Cheese Pizza Carrot Coins				Contact the FS Office if you have any questions, comments or concerns. We can be reached at (607) 324-1303 Ext. 1570 or <b>Email:</b> <a href="mailto:twisher@gstboces.org">twisher@gstboces.org</a>	



What is a healthy meal? Use this chart as your guide.

**5 Food Components Fill Your Plate...**

Choose at Least **3** to  
**MAKE YOUR**  
**PLATE GREAT!**



Check out  
your choices  
for **MILK**



Must select  
at least  
**1**  
**FRUIT**  
or  
**VEGETABLE**

Choose an  
entrée with  
**PROTEIN**  
may include  
**GRAIN**



**MAKE YOUR PLATE GREAT!**

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All 5 Components are offered every day  
in your school's lunch!