

DECEMBER 2017



COHEN ELEMENTARY & MIDDLE SPECIAL CONSTRUCTION MENU

Monday

Tuesday

Wednesday

Thursday

Friday

Available Daily

PBJ Sandwich
 Chef Salad w/Bagel
 Vegetarian Chef Salad w/Bagel
 Yogurt & Cheesestick w/Bagel
 Assorted Sandwich
Fresh Tossed Salad
Fresh Fruit
 Fruit Cups
 100% Fruit Juice
 Chilled Milk

PRICING

Grades PK-8	\$1.50
Grades 9-12	\$1.70
Reduced	\$0.25
Breakfast	\$1.35
Milk/Ala Carte	\$0.75
Snacks	\$0.50-\$1.30

BREAKFAST MENU

MONDAY: Breakfast on a Stick
TUESDAY: French Toast Sticks
WEDNESDAY: Breakfast Pizza
THURSDAY: Breakfast Sandwich
FRIDAY: Mini Pancakes or Waffles

DAILY OPTIONS: Cinnamon Roll (M,W,F), UBR (T/TH), Bagel, Goldfish Graham, Cereal, Muffin Top, Oatmeal Bar, Yogurt, Fruit, 100% Fruit Juice & Milk

Pay online with a debit or credit card using **PaySchools** located on the district website under the Foodservice/Cafeteria link!

<p>Contact the FS Office if you have any questions, comments or concerns. We can be reached at (607) 733-5854 or Email: sblunt@gstbooces.org or mdougherty@gstbooces.org</p>	<p>Smart Choices</p>			<p><u>BREAKFAST 4 LUNCH</u> French Toast Sticks w/Sausage Carrot Coins Green Beans</p>
<p>⁴ Baked Mozzarella Sticks w/Marinara Sauce Carrot Coins Fresh Apple</p>	<p><u>TEX-MEX DAY</u> Meat Walking Taco w/Rice Golden Sweet Corn Refried Beans</p>	<p>⁶ Baked Chicken Nuggets w/Goldfish Green Beans Fresh Cucumber Slices</p>	<p>⁷ BBQ Pork Rib on a Roll Steamed Broccoli Florets</p>	<p><u>PIZZA DAY</u> Pizza Dunkers w/Marinara Sauce Cheese Pizza Carrot Coins</p>
<p>¹¹ Baked Crispy Chicken Sandwich Carrot Coins Fresh Apple</p>	<p>¹² <u>TEX-MEX DAY</u> Meat Taco w/Rice Golden Sweet Corn Refried Beans</p>	<p>¹³ Baked Mozzarella Sticks w/Marinara Sauce Green Beans Fresh Baby Carrots</p>	<p>¹⁴ Cheeseburger on a Roll Hot Dog on a Roll Steamed Broccoli Florets Fresh Apple</p>	<p><u>BREAKFAST 4 LUNCH</u> Waffles w/Sausage Carrot Coins Green Beans</p>
<p>¹⁸ Popcorn Chicken Bites w/Goldfish Carrot Coins Fresh Apple</p>	<p>¹⁹ <u>TEX-MEX DAY</u> Meat Walking Taco w/Rice Golden Sweet Corn Refried Beans</p>	<p>²⁰ Italian Meatball Sub Green Beans Fresh Celery Sticks</p>	<p>²¹ <u>HOLIDAY MEAL</u> Hot Turkey & Gravy Mashed Potatoes w/Gravy Fresh Broccoli Pumpkin Crunch</p>	<p>²² <u>PIZZA DAY</u> Pizza Dunkers w/Marinara Sauce Cheese Pizza Carrot Coins</p>
<p>²⁵ HAPPY HOLIDAYS</p>	<p style="text-align: center;">WINTER BREAK DEC 25th - JAN 1st</p>			<p><u>SEE YOU NEXT YEAR!</u> Students Return: January 2nd, 2018</p>
<p><u>Need to S-T-R-E-T-C-H your food dollars?</u> See if you qualify for free/reduced price breakfast & lunch? Household of 2 weekly gross income under \$570 Household of 3 weekly gross income under \$718 Household of 4 weekly gross income under \$865 Call your FS Office to apply</p>		<p>Free & Reduced Applications are available on the district website or in the district offices.</p>	<p>THIS DISTRICT IS AN EQUAL OPPORTUNITY EMPLOYER & PROVIDER</p>	