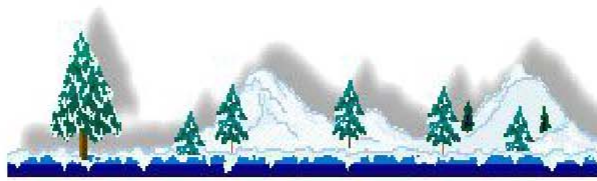


Jan 2018



COHEN PRE-K

Monday

Tuesday

Wednesday

Thursday

Friday

Available Daily
 PBJ Sandwich
 Chef Salad w/Bagel
 Vegetarian Chef Salad w/Bagel
 Yogurt & Cheesestick w/Bagel
 Chilled Milk

ALL VEGGIES & FRUITS = 1/4 CUP SERVING


Except:
 Tossed Salad = 1/2 Cup Serving
 Apples & Oranges = 1 Each
 1% White Milk & Fat Free
 Chocolate Milk Offered Daily

PRICING

Grades PK-8	\$1.50
Grades 9-12	\$1.70
Reduced	\$0.25
Breakfast	\$1.35
Milk/Ala Carte	\$0.75
Snacks	\$0.50-\$1.30

BREAKFAST MENU
MONDAY: Breakfast on a Stick
TUESDAY: French Toast Sticks
WEDNESDAY: Breakfast Pizza
THURSDAY: Breakfast Sandwich
FRIDAY: Mini Pancakes or Waffles
DAILY OPTIONS: Cinnamon Roll (M,W,F), UBR (T/TH), Bagel, Goldfish Graham, Cereal, Muffin Top, Oatmeal Bar, Yogurt, Fruit, 100% Fruit Juice & Milk

Contact the FS Office if you have any questions, comments or concerns. We can be reached at (607) 733-5854 or Email: sblunt@gstbooces.org or mdougherty@gstbooces.org

<p>1</p> <p>WINTER BREAK NO SCHOOL</p>	<p>2</p> <p>TEX-MEX DAY Meat Nacho Grande w/Rice Golden Sweet Corn Fresh Orange</p>	<p>3</p> <p>Baked Mozzarella Sticks w/Marinara Sauce Green Beans Fruit Cup</p>	<p>4</p> <p>Cheeseburger on a Roll Hot Dog on a Roll Steamed Broccoli Florets Fresh Apple</p>	<p>5</p> <p>French Toast Sticks w/Sausage Tossed Salad Fruit Cup</p>
<p>8</p> <p>Meatball Sub Carrot Coins Fruit Cup</p>	<p>9</p> <p>TEX-MEX DAY Meat Walking Taco w/Rice Golden Sweet Corn Fresh Orange</p>	<p>10</p> <p>Baked Chicken Nuggets w/Goldfish Green Beans Fruit Cup</p>	<p>11</p> <p>BBQ Pork Rib on a Roll Steamed Broccoli Florets Fresh Apple</p>	<p>12</p> <p>Pizza Dunkers Cheese Pizza Tossed Salad Fruit Cup</p>
<p>15</p> <p>Martin Luther King Day</p> 	<p>16</p> <p>TEX-MEX DAY Meat Taco w/Rice Golden Sweet Corn Fresh Orange</p>	<p>17</p> <p>Baked Mozzarella Sticks w/Marinara Sauce Green Beans Fruit Cup</p>	<p>18</p> <p>Cheeseburger on a Roll Hot Dog on a Roll Steamed Broccoli Florets Fresh Apple</p>	<p>19</p> <p>Mini Pancakes w/Sausage Tossed Salad Fruit Cup</p>
<p>22</p> <p>Popcorn Chicken Bites w/Goldfish Carrot Coins Fruit Cup</p>	<p>23</p> <p>TEX-MEX DAY Meat Walking Taco w/Rice Golden Sweet Corn Fresh Orange</p>	<p>24</p> <p>Baked Chicken Nuggets w/Goldfish Crackers Green Beans Fruit Cup</p>	<p>25</p> <p>Italian Meatball Sub Steamed Broccoli Florets Fresh Apple</p>	<p>26</p> <p>CONFERENCE DAY NO SCHOOL</p>
<p>29</p> <p>Baked Crispy Chicken Sandwich Carrot Coins Fruit Cup</p>	<p>30</p> <p>TEX-MEX DAY Meat Nacho Grande w/Rice Golden Sweet Corn Fresh Orange</p>	<p>31</p> <p>EARLY DISMISSAL Grab-N-Go Lunch PBJ Sandwich w/Fresh Veggie, Fruit & Milk OR Yogurt & Cheesestick w/Muffin, Goldfish Graham, Fresh Veggie, Fruit & Milk</p>		<p>THIS DISTRICT IS AN EQUAL OPPORTUNITY EMPLOYER & PROVIDER</p>