

DECEMBER 2017



TAE HIGH SCHOOL

Available Daily

PBJ Sandwich
 Chef Salad w/Bread Choice
 Vegetarian Chef Salad w/Bread Choice
 Yogurt w/Bread Choice
 Fruit & Yogurt Parfait w/Bread Choice
 Assorted Pizza
M/W/F: Asst. Subs
T/Th: Asst. Wraps
Tossed Salad
Fresh Vegetables
Fresh Fruit
 Fruit Cups
 100% Fruit Juice
 Chilled Milk

Weekly Specials:

MON: Cheeseburger on a Roll
TUES: Chicken Nuggets w/Bread
WED: Baked Crispy Chicken Sandwich (Plain or Spicy)
THURS: BBQ Pork Rib on a Roll
Fri: Baked Mozzarella Sticks w/Marinara Sauce
Bread Choice = Breadstick or Soft Pretzel

PRICING

Grades PK-8	\$1.50
Grades 9-12	\$1.70
Reduced	\$0.25
Breakfast	\$1.35
Milk/Ala Carte	\$0.75
Snacks	\$0.50-\$1.30

BREAKFAST MENU

MONDAY: Breakfast Wrap
TUESDAY: Breakfast on a Stick
WEDNESDAY: Breakfast Sandwich
THURSDAY: French Toast Sticks
FRIDAY: Breakfast Pizza
DAILY OPTIONS: Cinnamon Roll, Bagel, Goldfish Graham, Cereal, Muffin Top, Yogurt, Fruit, Fruit Juice & Milk

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Contact the FS Office if you have any questions, comments or concerns. We can be reached at (607) 733-5854 or Email: sblunt@gstbooces.org or mdougherty@gstbooces.org</p>	<p>Need to S-T-R-E-T-C-H your food dollars? See if you qualify for free/reduced price breakfast & lunch? Household of 2 weekly gross income under \$570 Household of 3 weekly gross income under \$718 Household of 4 weekly gross income under \$865 Call your FS Office to apply</p>		<p>Free & Reduced Applications are available on the district website or in the district offices.</p>	<p>¹ Crispy Fish Filet Sandwich Carrot Coins</p>
<p>⁴ Stuffed Crust Pizza Popcorn Chicken Bites w/Bread Carrot Coins Green Beans</p>	<p>⁵ TEX-MEX DAY Meat or Bean Nacho Grande w/Rice Chicken Caesar Salad w/Bread Choice Golden Sweet Corn Refried Beans</p>	<p>⁶ Hot Turkey & Gravy w/Biscuit Breakfast Sandwich Green Beans Mashed Potatoes w/Gravy Homemade Fruit Crisp</p>	<p>⁷ Chicken Philly Sub Southwest Taco Salad w/Rice Steamed Broccoli Florets Fresh Cucumber Slices</p>	<p>⁸ Pizza Dunkers w/Marinara Sauce Turkey Club Wrap Carrot Coins</p>
<p>¹¹ BREAKFAST 4 LUNCH Mini Pancakes w/Sausage Chicken Ranch Wrap Carrot Coins Tater Tots</p>	<p>¹² TEX-MEX DAY Meat or Bean Walking Taco w/Rice Chicken BLT Salad w/Bread Choice Golden Sweet Corn Refried Beans</p>	<p>¹³ Pasta w/Meatsauce & Cheese Pasta w/Marinara Sauce & Cheese Tuna Salad Sandwich Green Beans Fresh Pepper Strips Cinnamon Applesauce Jello</p>	<p>¹⁴ Sesame Chicken w/Rice Hot Dog on a Roll Steamed Broccoli Florets</p>	<p>¹⁵ Crispy Fish Filet Sandwich Italian Meatball Sub Carrot Coins</p>
<p>¹⁸ Authentic North Carolina Pulled Pork Sandwich Popcorn Chicken Bites w/Goldfish Carrot Coins Oven Fries</p>	<p>¹⁹ TEX-MEX DAY Meat or Bean Nacho Grande w/Rice Chicken Caesar Salad w/Bread Choice Golden Sweet Corn Refried Beans</p>	<p>²⁰ Buffalo Melt Southwest Taco Salad w/Rice Steamed Broccoli Florets Fresh Cucumber Slices</p>	<p>²¹ HOLIDAY MEAL Hot Turkey & Gravy w/Biscuit Green Beans Mashed Potatoes w/Gravy Homemade Fruit Crisp</p>	<p>²² Pizza Dunkers w/Marinara Sauce Toasted Cheese Sandwich Carrot Coins Hot Tomato Soup</p>
<p>²⁵ HAPPY HOLIDAYS</p>	<p>²⁶ WINTER BREAK DEC 25th - JAN 1st</p>			<p>²⁹ SEE YOU NEXT YEAR! Students Return: January 2nd, 2018</p>
			<p>Smart Choices</p>	<p>THIS DISTRICT IS AN EQUAL OPPORTUNITY EMPLOYER & PROVIDER</p>