

# SEPTEMBER 2017



# HORNELL HEAD START

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

Contact the FS Office if you have any questions, comments or concerns. We can be reached at (607) 324-1303 Ext. 1570 or **Email:**

[tswisher@gstbooces.org](mailto:tswisher@gstbooces.org)



**THIS DISTRICT IS AN  
EQUAL OPPORTUNITY  
EMPLOYER &  
PROVIDER**



**Labor Day**

Baked Chicken Nuggets  
Whole Wheat Bread  
Carrot Coins  
Mixed Fruit Cup  
Skim Milk

Chicken Soft Taco w/Rice  
Golden Sweet Corn  
Diced Peaches  
Skim Milk

Breakfast Sandwich  
Tater Tots  
Chilled Applesauce  
Skim Milk

Pepperoni Pizza  
Steamed Broccoli Florets  
Diced Pears  
Skim Milk

Homemade Macaroni &  
Cheese  
Whole Wheat Bread  
Green Beans  
Fresh Banana  
Skim Milk

Cheeseburger on a Roll  
Fresh Baby Carrots  
Mixed Fruit Cup  
Skim Milk

Meat Taco w/Rice  
Golden Sweet Corn  
Diced Peaches  
Skim Milk

Toasted Cheese Sandwich  
Hot Tomato Soup  
Fresh Cucumber Slices  
Chilled Applesauce  
Skim Milk

Cheese Pizza  
Steamed Broccoli Florets  
Diced Pears  
Skim Milk

Hot Turkey & Gravy  
w/Whole Wheat Bread  
Mashed Potatoes  
Green Beans  
Fresh Banana  
Skim Milk

Popcorn Chicken Bites  
Whole Wheat Bread  
Carrot Coins  
Mixed Fruit Cup  
Skim Milk

Chicken Soft Taco w/Rice  
Golden Sweet Corn  
Diced Peaches  
Skim Milk

Turkey & Cheese Sandwich  
Fresh Cucumber Slices  
Chilled Applesauce  
Skim Milk

Stuffed Crust Pizza  
Steamed Broccoli Florets  
Diced Pears  
Skim Milk

Ham & Cheese Sandwich  
Fresh Cucumber Slices  
Fresh Banana  
Skim Milk