

OCTOBER 2017



HORNELL HEAD START

Monday	Tuesday	Wednesday	Thursday	Friday
² Italian Meatball Sub Carrot Coins Mixed Fruit Cup Skim Milk	³ Meat Taco w/Rice Golden Sweet Corn Diced Peaches Skim Milk	⁴ Turkey & Cheese Sub Fresh Baby Carrots Chilled Applesauce Skim Milk	⁵ Cheese Pizza Steamed Broccoli Florets Diced Pears Skim Milk	⁶ Homemade Macaroni & Cheese Whole Wheat Bread Green Beans Fresh Banana Skim Milk
⁹ 	¹⁰ Chicken Soft Taco w/Rice Golden Sweet Corn Diced Peaches Skim Milk	¹¹ Breakfast Sandwich Tater Tots Chilled Applesauce Skim Milk	¹² Pepperoni Pizza Steamed Broccoli Florets Diced Pears Skim Milk	¹³ Ham & Cheese Sandwich Green Beans Fresh Banana Skim Milk
¹⁶ Cheeseburger on a Roll Fresh Baby Carrots Mixed Fruit Cup Skim Milk	¹⁷ Meat Taco w/Rice Golden Sweet Corn Diced Peaches Skim Milk	¹⁸ Toasted Cheese Sandwich Hot Tomato Soup Fresh Cucumber Slices Chilled Applesauce Skim Milk	¹⁹ Cheese Pizza Steamed Broccoli Florets Diced Pears Skim Milk	²⁰ <p style="text-align: center;">CONFERENCE DAY NO SCHOOL</p>
²³ Popcorn Chicken Bites Whole Wheat Bread Carrot Coins Mixed Fruit Cup Skim Milk	²⁴ Chicken Soft Taco w/Rice Golden Sweet Corn Diced Peaches Skim Milk	²⁵ Turkey & Cheese Sandwich Fresh Cucumber Slices Chilled Applesauce Skim Milk	²⁶ Stuffed Crust Pizza Steamed Broccoli Florets Diced Pears Skim Milk	²⁷ Hot Turkey & Gravy w/Whole Wheat Bread Mashed Potatoes Green Beans Fresh Banana Skim Milk
³⁰ Italian Meatball Sub Carrot Coins Mixed Fruit Cup Skim Milk	³¹ Meat Taco w/Rice Golden Sweet Corn Diced Peaches Skim Milk		<p style="text-align: center;">THIS DISTRICT IS AN EQUAL OPPORTUNITY EMPLOYER & PROVIDER</p>	<p>Contact the FS Office if you have any questions, comments or concerns. We can be reached at (607) 324-1303 Ext. 1570 or Email: tswisher@gstboces.org</p>