

OCTOBER 2017 HORNELL INTERMEDIATE SCHOOL

AVAILABLE DAILY

PBJ Sandwich

M/W/F: Chicken Caesar Salad w/Bread Choice

Tues & Thurs: Chicken BLT Salad w/Bread Choice

Tossed Salad

Fresh Vegetables

Fresh Fruit

Fruit Cups

100% Fruit Juice

Chilled Milk

North Hornell & Bryant:

Mon - Fri: Pepperoni Pizza

M/W/F: Buffalo Wing Pizza

Tues: Garlic Pizza

Thurs: Cheese Pizza

Bread Choice = Breadstick or Soft Pretzel

PRICING

Breakfast and Lunch \$0.00

Milk/Juice/Ala Carte Side \$0.75

Snacks \$0.50-\$1.30

PK-12th: 2nd B-fast Entree \$1.00

PK-6th: 2nd Lunch Entree \$1.40

7th-12th: 2nd Lunch Entree \$1.60

NOTE: Every student gets 1 breakfast & 1 lunch at no charge per school day. Each breakfast & lunch must be a COMPLETE REIMBURSABLE MEAL or students will be charged ala carte for each item on their tray.

POWER UP WITH SCHOOL BREAKFAST!!

Check out the Breakfast Menu on the district website or contact the food service office to have one sent home with your student.

Monday	Tuesday	Wednesday	Thursday	Friday
² Italian Meatball Sub Turkey & Cheese Sandwich Tuna Salad Sandwich Carrot Coins	³ Meat Taco w/Rice Turkey & Cheese Sandwich Tuna Salad Sandwich Golden Sweet Corn Baked Beans Fresh Cucumber Slices	⁴ BBQ Pork Rib on a Roll Turkey & Cheese Sandwich Tuna Salad Sandwich Fresh Baby Carrots Oven Fries Cinnamon Applesauce Jello	⁵ Chicken Strip Sub Turkey & Cheese Sandwich Tuna Salad Sandwich Steamed Broccoli Florets	⁶ Homemade Macaroni & Cheese w/Bread Turkey & Cheese Sandwich Tuna Salad Sandwich Green Beans
⁹ 	¹⁰ Chicken Soft Taco w/Rice Ham & Cheese Sandwich Egg Salad Sandwich Golden Sweet Corn Baked Beans Fresh Cucumber Slices	¹¹ Breakfast Sandwich Ham & Cheese Sandwich Egg Salad Sandwich Fresh Baby Carrots Tater Tots Homemade Fruit Crisp	¹² Baked Crispy Chicken Sandwich Ham & Cheese Sandwich Egg Salad Sandwich Steamed Broccoli Florets	¹³ Baked Mozzarella Sticks w/Pasta & Marinara Sauce Ham & Cheese Sandwich Egg Salad Sandwich Green Beans
National School Lunch Week is October 9th-13th! Come check out what your cafeteria has to offer!				
¹⁶ Hot Dog on a Roll Cheeseburger on a Roll Turkey & Cheese Sandwich Tuna Salad Sandwich Fresh Baby Carrots Oven Fries	¹⁷ Meat Taco w/Rice Turkey & Cheese Sandwich Tuna Salad Sandwich Golden Sweet Corn Baked Beans Fresh Cucumber Slices	¹⁸ Toasted Cheese Sandwich Turkey & Cheese Sandwich Tuna Salad Sandwich Carrot Coins Hot Tomato Soup Cinnamon Applesauce Jello	¹⁹ Pizza Dunkers w/Marinara Sauce Turkey & Cheese Sandwich Tuna Salad Sandwich Steamed Broccoli Florets	CONFERENCE DAY NO SCHOOL
²³ Popcorn Chicken Bites w/Bread Ham & Cheese Sandwich Egg Salad Sandwich Carrot Coins	²⁴ Chicken Soft Taco w/Rice Ham & Cheese Sandwich Egg Salad Sandwich Golden Sweet Corn Baked Beans Fresh Cucumber Slices	²⁵ French Toast Sticks w/Sausage Ham & Cheese Sandwich Egg Salad Sandwich Fresh Baby Carrots Tater Tots Homemade Fruit Crisp	²⁶ Chicken & Orange Sauce w/Rice Ham & Cheese Sandwich Egg Salad Sandwich Steamed Broccoli Florets	²⁷ Hot Turkey & Gravy Turkey & Cheese Sandwich Tuna Salad Sandwich Green Beans Mashed Potatoes w/Gravy
³⁰ Italian Meatball Sub Turkey & Cheese Sandwich Tuna Salad Sandwich Carrot Coins	³¹ Meat Taco w/Rice Turkey & Cheese Sandwich Tuna Salad Sandwich Golden Sweet Corn Baked Beans Fresh Cucumber Slices		THIS DISTRICT IS AN EQUAL OPPORTUNITY EMPLOYER & PROVIDER	Contact the FS Office if you have any questions, comments or concerns. We can be reached at (607) 324-1303 Ext. 1570 or Email: tswisher@gstboces.org

VEGETARIAN LUNCH MENU OPTIONS

FUELING YOUNG MINDS TO DO THEIR VERY BEST



VEGETARIAN LUNCH ENTRÉE SELECTIONS

- **AVAILABLE DAILY ENTRÉE SELECTIONS**
 - PBJ Sandwich
 - Vegetarian Chef Salad w/Bread Choice
 - Yogurt w/Bread Choice
 - Fruit & Yogurt Parfait w/Bread Choice
 - Cottage Cheese w/Fruit & Bread Choice
- **FEATURED ENTRÉE SELECTIONS**
 - Pizza Dunkers w/Marinara Sauce
 - Cheese Pizza, Garlic Pizza, Garlic & Broccoli Pizza, Veggie Lover's Pizza
 - Egg Salad Sandwich
 - Homemade Macaroni & Cheese w/Bread
 - Toasted Cheese Sandwich
 - Bean Nacho Grande
 - Bean Tacos w/Rice
 - Baked Mozzarella Sticks w/Marinara Sauce
 - Cheese or Plain Veggie Burger on a Bun
 - French Toast Sticks
 - Pancakes & Waffles
 - Pasta w/Marinara Sauce
 - Hummus w/Veggies, Chips & Bread
 - Hummus & Fresh Veggie Wrap
 - Veggie Lover's Subs & Wraps
 - Breakfast Sandwich (Request egg & cheese only)

CHOOSE YOUR OWN VEGETARIAN COMBINATIONS

Vegetable Selections

- Cauliflower
- Broccoli
- Fresh Baby Carrots
- Fresh Pepper Strips
- Fresh Celery Sticks
- Fresh Cucumber Slices
- Fresh Tossed Salad
- Green Beans
- Carrot Coins
- Corn
- Tomato Soup
- Sweet Potatoes (Mashed, Fries, Wedges)
- Steamed Broccoli
- Oven Fries
- Mashed Potatoes
- Tater Tots
- Potato Wedges
- Refried Beans
- Sweet Peas
- California Blend Vegetables
- Steamed Vegetable Medley
- Marinara Sauce
- Baked Beans
- Fresh Tomatoes

Fruit Selections

- Fresh Watermelon
- Fresh Pineapple
- Fresh Grapes
- Fresh Kiwi
- Fresh Bananas
- Fresh Apples
- Fresh Cantaloupe
- Fresh Oranges
- Fresh Grapefruit
- Peaches
- Pears
- Applesauce
- Mandarin Oranges
- Strawberries
- Blueberries
- Mixed Fruit
- Raisins
- 100% Fruit Juice
- Other Seasonal Fruit Selections