

# SEPTEMBER

# 2017



## HORSEHEADS SCHOOL DISTRICT - GRADES PK-4TH

### AVAILABLE DAILY


- Chef Salad w/Bread Choice
- Vegetarian Chef Salad w/Bread Choice
- Yogurt w/Bread Choice
- Hummus w/Veggies, Chips & Bread
- Cheese Pizza
- PBJ Sandwich
- Turkey & Cheese Sandwich
- Ham & Cheese Sandwich
- Tossed Salad**
- Fresh Vegetables**
- Fresh Fruit**
- Fruit Cups
- 100% Fruit Juice
- Chilled Milk
- WEEKLY SPECIALS**
- M,W,F** - Baked Chicken Nuggets w/Bread
- T/Th** - Baked Crispy Chicken Sandwich
- Bread Choice = Breadstick, Soft Pretzel or Bagel**

### PRICING

Grades K-6th	\$2.10
Grades 7th-12th	\$2.35
Reduced	\$0.25
Breakfast	\$1.25
Milk/Ala Carte Sides	\$0.75
Snacks	\$0.50-\$1.30

### BREAKFAST MENU

- MONDAY:** Mini Waffles or Pancakes
- TUESDAY:** Breakfast Sandwich
- WEDNESDAY:** Cinnamon Bun
- THURSDAY:** French Toast Sticks
- FRIDAY:** Breakfast on a Stick
- DAILY OPTIONS:** Bagel, Goldfish Graham, Cereal, Oatmeal, Muffin Top, Oatmeal Bar, Yogurt, Fruit, 100% Fruit Juice & Milk

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>FREE &amp; REDUCED APPLICATION REMINDER:</b> Submit your new application for the 2017-2018 school year to guarantee your child will continue to receive appropriate benefits. Those students with no application on file will be <b>CHANGED TO PAID STATUS IN OCTOBER.</b></p>				
<p>4</p>  <p><b>Labor Day</b></p>	<p>5</p> <p><b>CHECK OUT ALL OF THE WEEKLY &amp; DAILY SPECIALS ON THE SIDE OF THE MENU!!</b></p>	<p>6</p> <p>Free &amp; Reduced Applications are available on the district website or in the district offices.</p>	<p>7</p> <p>Contact the FS Office if you have any questions, comments or concerns. We can be reached at (607) 739-5601 ext. 3671 or Email: <a href="mailto:sblunt@gstboces.org">sblunt@gstboces.org</a></p>	<p>8</p> <p><b>THIS DISTRICT IS AN EQUAL OPPORTUNITY EMPLOYER &amp; PROVIDER</b></p>
<p>11</p> <p>French Toast Sticks w/Sausage Carrot Coins Tater Tots</p>	<p>12</p> <p>Meat or Bean Nacho Grande w/Rice Golden Sweet Corn Refried Beans</p>	<p>13</p> <p>Turkey &amp; Gravy w/Bread Steamed Broccoli Florets Mashed Potatoes w/Gravy <b>Homemade Fruit Crisp</b></p>	<p>14</p> <p>Toasted Cheese Sandwich Hot Tomato Soup <b>Fresh Cucumber Slices</b></p>	<p>15</p> <p>Pizza Dunkers w/Marinara Sauce Carrot Coins</p>
<p>18</p> <p>Authentic North Carolina Pulled Pork Sandwich Carrot Coins Oven Fries</p>	<p>19</p> <p>Meat or Bean Taco w/Rice Golden Sweet Corn Refried Beans</p>	<p>20</p> <p>Sesame Chicken w/Rice Steamed Broccoli Florets <b>Cinnamon Applesauce Jello</b></p>	<p>21</p> <p>Pasta w/Meatsauce &amp; Cheese Pasta w/Marinara Sauce &amp; Cheese Green Beans <b>Fresh Pepper Strips</b></p>	<p>22</p> <p>Pepperoni Pizza Carrot Coins</p>
<p>25</p> <p>Waffles w/Sausage Cheeseburger on a Roll Cheesy Veggie Burger on a Roll Carrot Coins Tater Tots</p>	<p>26</p> <p>Meat or Bean Walking Taco w/Rice Golden Sweet Corn Refried Beans</p>	<p>27</p> <p>Hot Turkey &amp; Gravy w/Bread Steamed Broccoli Florets Mashed Potatoes w/Gravy <b>Homemade Fruit Crisp</b></p>	<p>28</p> <p>Baked Mozzarella Sticks w/Marinara Sauce Green Beans <b>Fresh Cucumber Slices</b></p>	<p>29</p> <p>Pizza Dunkers w/Marinara Sauce Carrot Coins</p>