

# DECEMBER 2017



## HORSEHEADS SCHOOL DISTRICT - GRADES PK-4TH

### AVAILABLE DAILY

Chef Salad w/Bread Choice  
 Vegetarian Chef Salad w/Bread Choice  
 Yogurt w/Bread Choice  
 Hummus w/Veggies, Chips & Bread  
 Cheese Pizza  
 PBJ Sandwich  
 Turkey & Cheese Sandwich  
 Ham & Cheese Sandwich  
**Tossed Salad**  
**Fresh Vegetables**  
**Fresh Fruit**  
 Fruit Cups  
 100% Fruit Juice  
 Chilled Milk  
**WEEKLY SPECIALS**  
**M,W,F** - Baked Chicken Nuggets w/Bread  
**T/Th** - Baked Crispy Chicken Sandwich  
**Bread Choice = Breadstick, Soft Pretzel or Bagel**

### PRICING

Grades K-6th	\$2.10
Grades 7th-12th	\$2.35
Reduced	\$0.25
Breakfast	\$1.25
Milk/Ala Carte Sides	\$0.75
Snacks	\$0.50-\$1.30

### BREAKFAST MENU

**MONDAY:** Mini Waffles or Pancakes  
**TUESDAY:** Breakfast Sandwich  
**WEDNESDAY:** Cinnamon Bun  
**THURSDAY:** French Toast Sticks  
**FRIDAY:** Breakfast on a Stick  
**DAILY OPTIONS:** Bagel, Goldfish Graham, Cereal, Oatmeal, Muffin Top, Oatmeal Bar, Yogurt, Fruit, 100% Fruit Juice & Milk

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Contact the FS Office if you have any questions, comments or concerns. We can be reached at (607) 739-5601 ext. 3671 or Email: <a href="mailto:sblunt@gstbooces.org">sblunt@gstbooces.org</a></p>	<p><b>Smart Choices</b></p>			<p><b>PIZZA DAY</b>                      Pepperoni Pizza                      Cheeseburger on a Roll                      Cheesy Veggie Burger on a Roll                      Carrot Coins</p>
<p><sup>4</sup> French Toast Sticks w/Sausage                      Turkey Club Wrap                      Carrot Coins                      Tater Tots</p>	<p><b>TEX-MEX DAY</b>                      Meat or Bean Nacho Grande w/Rice                      Golden Sweet Corn                      Refried Beans                      Chicken BLT Salad w/Bread Choice</p>	<p><sup>6</sup> Hot Turkey &amp; Gravy Buffalo Wrap                      Steamed Broccoli Florets                      Mashed Potatoes w/Gravy  <b>Homemade Fruit Crisp</b></p>	<p><sup>7</sup> Toasted Cheese Sandwich                      Popcorn Chicken Bites w/Bread                      Hot Tomato Soup  <b>Fresh Cucumber Slices</b></p>	<p><b>PIZZA DAY</b>                      Pizza Dunkers w/Marinara Sauce                      BBQ Pork Rib on a Roll                      Carrot Coins                      Minestrone Soup</p>
<p><sup>11</sup> Baked Mozzarella Sticks w/Pasta &amp; Marinara Sauce                      Italian Meatball Sub                      Carrot Coins                      Oven Fries</p>	<p><b>TEX-MEX DAY</b>                      Meat or Bean Taco w/Rice                      Chicken Caesar Salad w/Bread Choice                      Golden Sweet Corn                      Refried Beans</p>	<p><sup>13</sup> Sesame Chicken w/Rice                      Hot Dog on a Roll                      Steamed Broccoli Florets  <b>Cinnamon Applesauce Jello</b></p>	<p><sup>14</sup> Pasta w/Meatsauce &amp; Cheese                      Pasta w/Marinara Sauce &amp; Cheese                      Chicken Ranch Wrap  <b>Fresh Pepper Strips</b></p>	<p><b>PIZZA DAY</b>                      Pepperoni Pizza                      Fish Treasures w/Bread                      Carrot Coins</p>
<p><sup>18</sup> Waffles w/Sausage                      Buffalo Wrap                      Carrot Coins                      Tater Tots</p>	<p><b>TEX-MEX DAY</b>                      Meat or Bean Walking Taco w/Rice                      Golden Sweet Corn                      Refried Beans                      Chicken BLT Salad w/Bread Choice</p>	<p><sup>20</sup> Baked Mozzarella Sticks w/Pasta &amp; Marinara Sauce                      Chicken Ranch Wrap  <b>Fresh Cucumber Slices</b></p>	<p><sup>21</sup> Hot Turkey &amp; Gravy w/Bread                      Egg Salad Sandwich                      Steamed Broccoli Florets                      Mashed Potatoes w/Gravy  <b>Homemade Fruit Crisp</b></p>	<p><b>PIZZA DAY</b>                      Pizza Dunkers w/Marinara Sauce                      Sloppy Joe on a Roll                      Carrot Coins</p>
<p><sup>25</sup></p>	<p><sup>26</sup></p>	<p><sup>27</sup></p>	<p><sup>28</sup></p>	<p><sup>29</sup></p>
<p><b>HAPPY HOLIDAYS</b></p>				
<p><b>WINTER BREAK</b>  <b>DEC 25th - JAN 1st</b></p>				
<p><b>Need to S-T-R-E-T-C-H your food dollars?</b>                      See if you qualify for free/reduced price breakfast &amp; lunch?                      Household of 2 weekly gross income under \$570                      Household of 3 weekly gross income under \$718                      Household of 4 weekly gross income under \$865                      Call your FS Office to apply</p>		<p>Free &amp; Reduced Applications are available on the district website or in the district offices.</p>		<p><b>SEE YOU NEXT YEAR!</b>                      Students Return: January 2nd, 2018</p> <p><b>THIS DISTRICT IS AN EQUAL OPPORTUNITY EMPLOYER &amp; PROVIDER</b></p>