



# 2018



## HORSEHEADS SCHOOL DISTRICT GRADES 9th-12th

### AVAILABLE DAILY

- Triple Decker PBJ Sandwich
- Deli Subs & Wraps
- Fruit & Yogurt Parfait w/Bread Choice
- Chef Salad w/Bread Choice
- Vegetarian Chef Salad w/Bread Choice
- Hummus w/Veggies, Chips & Goldfish
- Assorted Pizza
- Baked Chicken Nuggets w/Bread
- Baked Crispy Chicken Sandwich (Plain or Spicy)
- Cheeseburger on a Roll
- Cheesy Veggie Burger on a Roll
- Tossed Salad**
- Fresh Vegetables**
- Fresh Fruit**
- Fruit Cups
- 100% Fruit Juice
- Chilled Milk
- Bread Choice = Breadstick, Soft Pretzel or Bagel

PRICING	
Grades K-6th	\$2.10
Grades 7th-12th	\$2.35
Reduced	\$0.25
Breakfast	\$1.25
Milk/Ala Carte Sides	\$0.75
Snacks	\$0.50-\$1.30

### BREAKFAST MENU

- MONDAY:** UBR
- WEDNESDAY:** Breakfast Sandwich
- FRIDAY:** Breakfast on a Stick
- DAILY OPTIONS:** Cinnamon Roll, Bagel, Goldfish Graham, Cereal, Muffin Top, Oatmeal Bar, Oatmeal, Yogurt, Breakfast Smoothie, Fruit, 100% Fruit Juice & Milk

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b> <b>TEX-MEX DAY!</b> Meat or Bean Walking Taco w/Rice Chicken BLT Salad w/Bread Choice Golden Sweet Corn Refried Beans	<b>2</b> Buffalo Melt Egg Salad Sandwich Tomato Soup Oven Fries	<b>3</b> Baked Mozzarella Sticks w/Pasta & Marinara Sauce Southwest Taco Salad w/Bread Steamed Broccoli Florets <b>Fresh Cucumber Slices</b>	<b>4</b> Pizza Dunkers w/Marinara Sauce Sloppy Joe on a Roll Carrot Coins 
<b>7</b> Stuffed Crust Pizza <b>Homestyle Crispy Chicken Tenders w/Rice</b> Carrot Coins Green Beans	<b>8</b> <b>TEX-MEX DAY!</b> Meat or Bean Taco w/Rice Chicken Caesar Salad w/Bread Choice Golden Sweet Corn Refried Beans	<b>9</b> <b>ASIAN RICE BOWL!</b> Chicken Teriyaki w/Rice Buffalo Wrap Steamed Broccoli Florets <b>Fruity Jello w/Whipped Topping</b>	<b>10</b> Buffalo Macaroni & Cheese w/Bread Southwest Taco Salad w/Bread Green Beans <b>Fresh Baby Carrots</b>	<b>11</b> Grilled Chicken Sandwich Crispy Fish Filet Sandwich Carrot Coins
<b>14</b> <b>BREAKFAST 4 LUNCH!</b> French Toast Sticks w/Sausage Turkey Club Wrap Carrot Coins Tater Tots	<b>15</b> <b>TEX-MEX DAY!</b> Meat or Bean Nacho Grande w/Rice Chicken BLT Salad w/Bread Choice Golden Sweet Corn Refried Beans	<b>16</b> Hot Turkey & Gravy w/Bread Hot Dog on a Roll Steamed Broccoli Florets Mashed Potatoes w/Gravy <b>Homemade Fruit Crisp</b>	<b>17</b> <b>SOUP &amp; SANDWICH DAY!</b> Buffalo Melt Southwest Taco Salad w/Rice Hot Tomato Soup <b>Fresh Cucumber Slices</b>	<b>18</b> Pizza Dunkers w/Marinara Sauce <b>Homestyle Crispy Chicken Tenders w/Rice</b> Carrot Coins
<b>21</b> <b>Authentic North Carolina Pulled Pork Sandwich</b> Buffalo Wrap Carrot Coins Oven Fries	<b>22</b> <b>TEX-MEX DAY!</b> Meat or Bean Taco w/Rice Chicken Caesar Salad w/Bread Choice Golden Sweet Corn Refried Beans	<b>23</b> <b>ASIAN RICE BOWL!</b> Sesame Chicken w/Rice Hot Dog on a Roll Steamed Broccoli Florets <b>Cinnamon Applesauce Jello</b>	<b>24</b> Pasta w/Meatsauce & Cheese Pasta w/Marinara Sauce & Cheese Toasted Cheese Sandwich Green Beans Tomato Soup	<b>25</b> <b>NO SCHOOL</b>
<b>28</b> <b>NO SCHOOL</b> 	<b>29</b> <b>TEX-MEX DAY!</b> Meat or Bean Walking Taco w/Rice Chicken BLT Salad w/Bread Choice Golden Sweet Corn Refried Beans	<b>30</b> Hot Turkey & Gravy w/Bread Egg Salad Sandwich Steamed Broccoli Florets Mashed Potatoes w/Gravy <b>Homemade Fruit Crisp</b>	<b>31</b> Baked Mozzarella Sticks w/Pasta & Marinara Sauce Southwest Taco Salad w/Bread Green Beans <b>Fresh Cucumber Slices</b>	<b>Contact the FS Office</b> if you have any questions, comments or concerns. We can be reached at (607) 739-5601 ext. 3671 or <u>Email:</u> <a href="mailto:sblunt@gstboces.org">sblunt@gstboces.org</a>