

DECEMBER 2017



HORSEHEADS SCHOOL DISTRICT - GRADES 5th-8th

AVAILABLE DAILY

Chef Salad w/Bread Choice
 Vegetarian Chef Salad w/Bread Choice
 Yogurt w/Bread Choice
 Hummus w/Veggies, Chips & Bread
 Asst Pizza
 PBJ Sandwich
 Assort. Subs & Wraps
Tossed Salad
Fresh Vegetables
Fresh Fruit
 Fruit Cups
 100% Fruit Juice
 Chilled Milk

WEEKLY SPECIALS

Mon Baked Chicken Nuggets w/Bread
Tues: Cheese burger or Cheesy Veggie Burger on a Roll
Wed: Popcorn Chicken Bites w/Bread
Thurs: Baked Crispy Chicken Sandwich
Fri: BBQ Pork Rib on a Roll
Bread Choice = Breadstick, Soft Pretzel or Bagel

PRICING

Grades K-6th	\$2.10
Grades 7th-12th	\$2.35
Reduced	\$0.25
Breakfast	\$1.25
Milk/Ala Carte Sides	\$0.75
Snacks	\$0.50-\$1.30

BREAKFAST MENU

MONDAY: Breakfast on a Stick
TUES/THURS: Breakfast Sandwich
WEDNESDAY: Breakfast Pizza
FRIDAY: Mini Pancakes & Waffles
DAILY OPTIONS: Cinnamon Roll, Bagel, Goldfish Graham, Cereal, Oatmeal, Muffin Top, Oatmeal Bar, Yogurt, Smoothie (Mon & Fri), Fruit, 100% Fruit Juice & Milk

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Contact the FS Office if you have any questions, comments or concerns. We can be reached at (607) 739-5601 ext. 3671 or <u>Email:</u></p>	<p><i>Smart Choices</i></p>			<p>¹ Pizza Dunkers w/Marinara Sauce Crispy Fish Filet on a Roll Carrot Coins</p>
<p>⁴ French Toast Sticks w/Sausage Turkey Club Wrap Carrot Coins Tater Tots</p>	<p>⁵ TEX-MEX DAY Meat or Bean Nacho Grande w/Rice Golden Sweet Corn Refried Beans Chicken BLT Salad w/Bread Choice</p>	<p>⁶ Hot Turkey & Gravy Buffalo Wrap Steamed Broccoli Florets Mashed Potatoes w/Gravy Homemade Fruit Crisp</p>	<p>⁷ Toasted Cheese Sandwich Southwest Taco Salad w/Rice Hot Tomato Soup Fresh Cucumber Slices</p>	<p>⁸ Pizza Dunkers w/Marinara Sauce Sloppy Joe on a Roll Carrot Coins Minestrone Soup</p>
<p>¹¹ Authentic North Carolina Pulled Pork Sandwich Italian Meatball Sub Carrot Coins Oven Fries</p>	<p>¹² TEX-MEX DAY Meat or Bean Taco w/Rice Chicken Caesar Salad w/Bread Choice Golden Sweet Corn Refried Beans</p>	<p>¹³ Sesame Chicken w/Rice Hot Dog on a Roll Steamed Broccoli Florets Cinnamon Applesauce Jello</p>	<p>¹⁴ Pasta w/Meatballs Pasta w/Marinara Sauce & Cheese Chicken Ranch Wrap Fresh Pepper Strips</p>	<p>¹⁵ Pizza Dunkers w/Marinara Sauce Crispy Fish Filet on a Roll Carrot Coins</p>
<p>¹⁸ Waffles w/Sausage Buffalo Wrap Carrot Coins Tater Tots</p>	<p>¹⁹ TEX-MEX DAY Meat or Bean Walking Taco w/Rice Golden Sweet Corn Refried Beans Chicken BLT Salad w/Bread Choice</p>	<p>²⁰ Baked Mozzarella Sticks w/Pasta & Marinara Sauce Chicken Ranch Wrap Fresh Cucumber Slices</p>	<p>²¹ Hot Turkey & Gravy w/Bread Egg Salad Sandwich Steamed Broccoli Florets Mashed Potatoes w/Gravy Homemade Fruit Crisp</p>	<p>²² Pizza Dunkers w/Marinara Sauce Sloppy Joe on a Roll Carrot Coins</p>
<p>²⁵</p>	<p>²⁶</p>	<p>²⁷</p>	<p>²⁸</p>	<p>²⁹</p>
<p>WINTER BREAK DEC 25th - JAN 1st</p>				
<p><u>Need to S-T-R-E-T-C-H your food dollars?</u> See if you qualify for free/reduced price breakfast & lunch? Household of 2 weekly gross income under \$570 Household of 3 weekly gross income under \$718 Household of 4 weekly gross income under \$865 <u>Call your FS Office to apply</u></p>		<p>Free & Reduced Applications are available on the district website or in the district</p>		<p>SEE YOU NEXT YEAR! Students Return: January 2nd, 2018</p> <p>THIS DISTRICT IS AN EQUAL OPPORTUNITY EMPLOYER & PROVIDER</p>