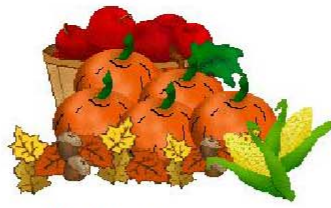




November

2018



GST BOCES P-TECH/STEM ACADEMY

Monday

Tuesday

Wednesday

Thursday

Friday

**THIS DISTRICT IS AN
EQUAL OPPORTUNITY
EMPLOYER &
PROVIDER**

Contact the FS Office if you have any questions, comments or concerns. We can be reached at (607) 739-5601 ext. 3671 or Email: jesbrown@gstboces.org

LUNCH PRICING
Paid Lunch: \$2.35
Reduced Lunch: \$0.25

1 Ham & Cheese Wrap
Triple Decker PBJ Sandwich
1 Cup Cucumber Slices w/Ranch
Fruited Jello
4 oz Fruit Juice
Chilled Milk

2 Cheese Pizza
Triple Decker PBJ Sandwich
1/2 Cup Golden Sweet Corn
1/2 Cup Fresh Baby Carrots w/Ranch
Fresh Apple
4 oz Fruit Juice
Chilled Milk

5 Baked Crispy Chicken Sandwich
Triple Decker PBJ Sandwich
1 Cup Fresh Baby Carrots w/Ranch
1/2 Cup Chilled Applesauce
4 oz Fruit Juice
Chilled Milk

6 Chicken Caesar Salad w/Bagel
Triple Decker PBJ Sandwich
1/2 Cup Garbanzo Beans
Fresh Orange
4 oz Fruit Juice
Chilled Milk

7 Tuna Salad Sandwich
Triple Decker PBJ Sandwich
1 Cup Fresh Broccoli w/Ranch
1/2 Cup Peaches
4 oz Fruit Juice
Chilled Milk

8 Turkey Club Wrap
Triple Decker PBJ Sandwich
1 Cup Celery Sticks w/Ranch
Fruit Crisp
4 oz Fruit Juice
Chilled Milk

9 Cheese Pizza
Triple Decker PBJ Sandwich
1/2 Cup Golden Sweet Corn
1/2 Cup Fresh Baby Carrots w/Ranch
Fresh Apple
4 oz Fruit Juice
Chilled Milk

NO SCHOOL



13 Chicken BLT Salad w/Bagel
Triple Decker PBJ Sandwich
1/2 Cup Garbanzo Beans
4 oz Fruit Juice
Chilled Milk

14 Baked Chicken Nuggets w/Bread
Triple Decker PBJ Sandwich
1 Cup Fresh Broccoli w/Ranch
1/2 Cup Peaches
4 oz Fruit Juice
Chilled Milk

15 Ham & Cheese Wrap
Triple Decker PBJ Sandwich
1 Cup Cucumber Slices w/Ranch
Cinnamon Applesauce Jello
4 oz Fruit Juice
Chilled Milk

16 Cheese Pizza
Triple Decker PBJ Sandwich
1/2 Cup Golden Sweet Corn
1/2 Cup Fresh Baby Carrots w/Ranch
Fresh Apple
4 oz Fruit Juice
Chilled Milk

19 Baked Crispy Chicken Sandwich
Triple Decker PBJ Sandwich
1 Cup Fresh Baby Carrots w/Ranch
1/2 Cup Chilled Applesauce
4 oz Fruit Juice
Chilled Milk

20 Chicken Caesar Salad w/Bagel
Triple Decker PBJ Sandwich
1/2 Cup Garbanzo Beans
Fresh Orange
4 oz Fruit Juice
Chilled Milk



**THANKSGIVING RECESS
NOVEMBER 21st-23rd**

26 Baked Crispy Chicken Sandwich
Triple Decker PBJ Sandwich
1 Cup Fresh Baby Carrots w/Ranch
1/2 Cup Chilled Applesauce
4 oz Fruit Juice
Chilled Milk

27 Chicken BLT Salad w/Bagel
Triple Decker PBJ Sandwich
1/2 Cup Garbanzo Beans
Fresh Orange
4 oz Fruit Juice
Chilled Milk

28 Baked Chicken Nuggets w/Bread
Triple Decker PBJ Sandwich
1 Cup Fresh Broccoli w/Ranch
1/2 Cup Peaches
4 oz Fruit Juice
Chilled Milk

29 Ham & Cheese Wrap
Triple Decker PBJ Sandwich
1 Cup Cucumber Slices w/Ranch
Fruited Jello
4 oz Fruit Juice
Chilled Milk

30 Cheese Pizza
Triple Decker PBJ Sandwich
1/2 Cup Golden Sweet Corn
1/2 Cup Fresh Baby Carrots w/Ranch
Fresh Apple
4 oz Fruit Juice
Chilled Milk