



Summer Vacation

Summertime is almost upon us! Here are some USDA summertime food safety tips to keep your family safe:

- Wash hands and surfaces often. Unwashed hands are a prime cause of food borne illness. Use warm, soapy water to kill bacteria.
- Don't cross-contaminate. When packing the cooler chest for an outing, wrap raw meats securely; avoid raw meats from coming in contact with ready-to-eat foods.
- Cook foods to proper temperature.
- Refrigerate promptly. Holding food at an unsafe temperature is prime cause of food borne illness. Keep cold foods cold!
- Put leftover food on ice or refrigerated once you finish eating. Food left out more than 2 hours may not be safe to eat (If temperature is above 90 degrees, food should not be left out for more than 1 hour)
- When in doubt, throw it out!

Thank You!

Dear Families,

Thank you for allowing us to serve you this year. We focus our work every day on making breakfast and lunch "one of the best" parts of the day. While it is a small part of the academic day, we strive to make it a great one. With lots of choices, smiling team members, and kid friendly foods!

From all of us in Food Services, have a wonderful summer! We look forward to serving you again next year!

Sincerely,

Your Food Services Team

A yellow sunburst graphic with a scalloped edge. Inside the sunburst, the text "Have a Safe and Happy Summer!" is written in red, bold, sans-serif font.

Have a Safe
and Happy
Summer!

**For up-to-date information on
summer meals & enrichment
programs, please call the 2-1-1
HELPLINE by dialing 2-1-1
(or 1-800-346-2211)**

or

visit their website:

www.211helpline.org

Text FOOD or COMIDA to 877-877

(Text rates apply. Operated by the USDA)



2017



HORSEHEADS STEM ACADEMY

Monday

Tuesday

Wednesday

Thursday

Friday

<p>FREE SUMMER MEALS For up-to-date information on Summer Food Service Locations in our area, please call the 2-1-1 HELPLINE by dialing 2-1-1</p>	<p>NOTICE: The menu is subject to change without advanced notice.</p>	<p>Contact Us if you have any questions, comments or concerns. We can be reached at (607) 739-5601 ext. 3671 or Email: sblunt@gstbooces.org</p>	<p>¹ Buffalo Wrap 1 Cup Cucumber Slices w/Ranch Cinnamon Applesauce Jello 4 oz Fruit Juice Low Fat Milk</p>	<p>² Sliced Ham Sandwich 1/2 Cup Sweet Peas 4 oz Sunset Sip Juice Fresh Apple 4 oz Fruit Juice Low Fat Milk</p>
<p>⁵ Cheese Stick & Yogurt w/Chips Whole Wheat Bread Fresh Baby Carrots w/Ranch Chilled Applesauce 4 oz Fruit Juice Low Fat Milk</p>	<p>⁶ Chef Salad w/Bagel 1/2 Cup Garbanzo Beans Sunset Sip Juice Fresh Orange 4 oz Fruit Juice Low Fat Milk</p>	<p>⁷ Tuna Salad Sub 1 Cup Fresh Broccoli w/Ranch 1/2 Cup Strawberries 4 oz Fruit Juice Low Fat Milk</p>	<p>⁸ Ham & Cheese Sub 1 Cup Cucumber Slices w/Ranch Raisins 4 oz Fruit Juice Low Fat Milk</p>	<p>⁹ Turkey Deli Wrap 1/2 Cup Golden Sweet Corn 4 oz Sunset Sip Juice Fresh Apple 4 oz Fruit Juice Low Fat Milk</p> <p style="text-align: right;">LAST DAY</p>
<p>¹²</p>	<p>¹³</p>	<p>¹⁴</p>	<p>¹⁵</p>	<p>¹⁶</p>
<p>¹⁹</p>	<p>²⁰</p>	<p>²¹</p>	<p>²²</p>	<p>²³</p>
<p>THIS DISTRICT IS AN EQUAL OPPORTUNITY EMPLOYER & PROVIDER</p>	<p>²⁷</p>	<p>LUNCH PRICING Paid Lunch: \$2.35 Reduced Lunch: \$0.25</p>	<p>²⁹</p>	<p>³⁰</p> 