

DECEMBER 2017



WATKINS GLEN SCHOOL DISTRICT - GRADES PK-6th

Available Daily

PBJ Sandwich
 Chef Salad w/Bread Choice*
 Vegetarian Chef Salad w/Bread Choice*
 Yogurt & Cheese Stick w/Bread Choice*
 Ham & Cheese Sub
 Turkey & Cheese Sub
M/W/F: Cheese Pizza
T/Th: Baked Chicken Nuggets w/Bread
Tossed Salad
Fresh Vegetables
Fresh Fruit
 Fruit Cups
 100% Fruit Juice
 Chilled Milk
Bread Choice = Breadstick or Soft Pretzel

PRICING:

Grades K-6th	\$2.00
Grades 7th-12th	\$2.25
Reduced	\$0.25
Breakfast	\$1.20
Milk/Ala Carte Sides	\$0.75
Snacks	\$0.50-\$1.30

BREAKFAST MENU

MONDAY: UBR
TUESDAY: French Toast Sticks
WEDNESDAY: Breakfast on a Stick
THURSDAY: Mini Pancakes or Waffles
FRIDAY: Breakfast Sandwich or Wrap
DAILY OPTIONS: Cinnamon Roll, Bagel, Godfish Graham, Cereal, Oatmeal, Muffin Top, Oatmeal Bar, Yogurt, Smoothies (7th-12th Only), Fruit, 100% Fruit Juice & Milk

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Contact the FS Office if you have any questions, comments or concerns. We can be reached at (607) 535-3214 or Email: rocole@gstbooces.org</p>	<p>Smart Choices</p>			<p>PIZZA DAY Pepperoni Pizza Garlic Pizza Carrot Coins</p>
<p>⁴Philly Cheese Steak Sub Popcorn Chicken Bites w/Bread Carrot Coins Oven Fries</p>	<p>TEX-MEX DAY Meat or Bean Nacho Grande w/Rice Refried Beans Golden Sweet Corn</p>	<p>⁶Toasted Cheese Sandwich BBQ Pork Rib on a Roll Steamed Broccoli Florets Hot Tomato Soup Homemade Fruit Crisp</p>	<p>⁷Chicken Alfredo w/Bread Breakfast Sandwich Green Beans Fresh Cucumber Slices</p>	<p>PIZZA DAY Stuffed Crust Pizza Turkey Club Wrap Carrot Coins</p>
<p>¹¹Cheeseburger on a Roll Cheesy Veggie Burger on a Roll Hot Dog on a Roll Carrot Coins Oven Fries</p>	<p>TEX-MEX DAY Meat or Bean Taco w/Rice Refried Beans Golden Sweet Corn</p>	<p>¹³Sesame Chicken w/Rice Italian Meatball Sub Steamed Broccoli Florets Cinnamon Applesauce Jello</p>	<p>¹⁴Homemade Macaroni & Cheese w/Bread Chicken Caesar Salad w/Bread Choice Green Beans Fresh Pepper Strips</p>	<p>PIZZA DAY Pepperoni Pizza Buffalo Wing Pizza Carrot Coins</p>
<p>¹⁸BBQ Pork Rib on a Roll Baked Crispy Chicken Sandwich Carrot Coins Oven Fries</p>	<p>TEX-MEX DAY Chicken Soft Taco w/Rice Refried Beans Golden Sweet Corn</p>	<p>Holiday Luncheon Oven Roasted Turkey Homemade Stuffing Mashed Potatoes w/ Gravy Green Beans Steamed Broccoli Florets Cranberry Sauce Homemade Fruit Crisp</p>	<p>Pizza Day Pizza Dunkers w/ Marinara Sauce Southwest Taco Salad Carrot Coins</p>	<p>Early Dismissal Grab-N-Go Lunch Turkey & Cheese Sandwich w/ Fresh Veggies, Fruit & Milk OR PBJ Sandwich w/Fresh Veggies, Fruit & Milk</p>
<p>HAPPY HOLIDAYS</p>	<p>WINTER BREAK DEC 25th - JAN 1st</p>			<p>SEE YOU NEXT YEAR! Students Return: January 2nd, 2018</p>
<p>Need to S-T-R-E-T-C-H your food dollars? See if you qualify for free/reduced price breakfast & lunch? Household of 2 weekly gross income under \$570 Household of 3 weekly gross income under \$718 Household of 4 weekly gross income under \$865 Call your FS Office to apply</p>		<p>Free & Reduced Applications are available on the district website or in the</p>		<p>THIS DISTRICT IS AN EQUAL OPPORTUNITY EMPLOYER & PROVIDER</p>