

Free Summer Meals for ALL Kids and Teens

18 and younger



Watkins Glen

**WG High School
in the Cafeteria**

301 12th Street

June 25 - August 17

Monday-Friday

Breakfast 7:30 - 8:30

Lunch 11:00 - 12:15

* No meals served on July 4th

Odessa

**Hanlon Elementary
in the Cafeteria**

300 College Avenue

July 9 - August 17

Monday-Friday

Breakfast 8:30-9:00

Lunch 12:00-1:00

Montour Falls

**Montour Falls
Fire Station**

111 Lee Street

July 9 - August 17

Monday-Friday

Lunch 11:30-12:00

**For up-to-date information on summer meals &
enrichment programs, please call the 2-1-1 HELPLINE
by dialing 2-1-1 (or 1-800-346-2211)**

or

visit their website: www.211helpline.org

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(1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;

(2) fax: (202) 690-7442; or
(3) email: program.intake@usda.gov.

This institution is an equal opportunity provider.

**Any Site,
Any Time!**

- No application
- Drop-ins welcome

**** Meals Must Be **
Eaten Onsite**

Bringing your child
to a meal site? Ask us
about parent meals.

Questions?

Call the Watkins Glen
High School Cafeteria
607-535-3214

Like us on Facebook!

Schuyler County

Free Summer Meals for Kids



2018



WATKINS GLEN SCHOOL DISTRICT - GRADES 7th-12th

- Available Daily:**
 PBJ Sandwich
 Chef Salad w/Bread Choice
 Vegetarian Chef Salad w/Bread Choice
 Yogurt w/Bread Choice
 Fruit & Yogurt Parfait w/Bread Choice
M/W/F: Baked Crispy Chicken Sandwich
T/TH: Baked Chicken Nuggets w/Bread
 Asst. Deli Subs & Wraps
 Asst. Pizza
Tossed Salad
Fresh Vegetables
Fresh Fruit
 Fruit Cups
 100% Fruit Juice
 Chilled Milk
Bread Choice = Breadstick or Soft Pretzel

PRICING:

Grades K-6th	\$2.00
Grades 7th-12th	\$2.25
Reduced	\$0.25
Breakfast	\$1.20
Milk/Ala Carte Sides	\$0.75
Snacks	\$0.50-\$1.30

- BREAKFAST MENU**
MONDAY: UBR
TUESDAY: French Toast Sticks
WEDNESDAY: Breakfast on a Stick
THURSDAY: Mini Pancakes or Waffles
FRIDAY: Breakfast Sandwich or Wrap
DAILY OPTIONS: Cinnamon Roll, Bagel, Godfish Graham, Cereal, Oatmeal, Muffin Top, Oatmeal Bar, Yogurt, Smoothies (7th-12th Only), Fruit, 100% Fruit Juice & Milk

Monday	Tuesday	Wednesday	Thursday	Friday
FREE SUMMER MEALS FOR ALL KIDS AND TEENS 18 AND UNDER!! For up-to-date information on summer meals & enrichment programs: CALL 2-1-1 HELPLINE by dialing 2-1-1 (or 1-800-346-2211) VISIT www.211helpline.org TEXT FOOD or COMIDA to 877-877 <small>Text rates apply. Operated by USDA.</small>				
4 BREAKFAST 4 LUNCH! French Toast Sticks w/Sausage Buffalo Wrap Carrot Coins Tater Tots Fresh Strawberries	5 TEX-MEX DAY! Meat or Bean Taco w/Rice Refried Beans Golden Sweet Corn	6 ASIAN RICE BOWL! Chicken Teriyaki w/Rice Hot Dog on a Roll Steamed Broccoli Florets Fruity Jello w/Whipped Topping	7 Pasta w/Meatsauce & Cheese Pasta w/Marinara Sauce & Cheese Chicken BLT Salad w/Bread Choice Green Beans Fresh Baby Carrots	8 Buffalo Melt Crispy Fish Filet Sandwich Carrot Coins
11 Philly Cheese Steak Sub Popcorn Chicken Bites w/Bread Carrot Coins Oven Fries Fresh Strawberries Last Full Day for 7th-12th	12 REGENTS EXAMS Breakfast Available LUNCH: COOK'S CHOICE Available Daily Items Assorted Veggies & Fruit	13 REGENTS EXAMS Breakfast Available LUNCH: COOK'S CHOICE Available Daily Items Assorted Veggies & Fruit	14 REGENTS EXAMS Breakfast Available LUNCH: COOK'S CHOICE Available Daily Items Assorted Veggies & Fruit	15 REGENTS EXAMS Breakfast Available LUNCH: COOK'S CHOICE Available Daily Items Assorted Veggies & Fruit
18 REGENTS EXAMS Breakfast Available LUNCH: COOK'S CHOICE Available Daily Items Assorted Veggies & Fruit	19 REGENTS EXAMS Breakfast Available LUNCH: COOK'S CHOICE Available Daily Items Assorted Veggies & Fruit	20 REGENTS EXAMS Breakfast Available LUNCH: COOK'S CHOICE Available Daily Items Assorted Veggies & Fruit	21 REGENTS EXAMS Breakfast Available LUNCH: COOK'S CHOICE Available Daily Items Assorted Veggies & Fruit	22 NO SCHOOL
25 THIS DISTRICT IS AN EQUAL OPPORTUNITY EMPLOYER & PROVIDER	26 Contact the FS Office if you have any questions, comments or concerns. We can be reached at (607) 535-3214 or Email: rocole@gstboces.org	27	28	29 CONGRATULATIONS GRADUATES!!