

# GST BOCES Adventure Based Learning Program

Our program uses games, problem solving initiatives and ropes course elements to teach a myriad of character education and 21<sup>st</sup> century career and college readiness skills. The activities are used as an experiential lab where students can learn, develop and practice these skills. The Adventure Based Learning program revolves around the experiential learning cycle and the Full Value Contract, stating that each participant must respect (emotionally and physically) themselves and others.



The skills that are focused on throughout a group's progression include: communication, problem solving, leadership, trust, healthy risk taking, safety, self-confidence, respect, concentration, cooperation and responsibility.



We can tailor programming to meet the goals and needs of each individual group from 1 day trainings to year long intensive programming. We are able to work with students and adults of all ages.



Our facilitators can conduct programming at our GST BOCES campus or we can travel to your location. We also offer the opportunity for backpacking programs for up to 12 individuals including all the training, gear, equipment, clothing and supplies necessary for an outdoor expedition.

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